

DARTMOOR PRIMARY SCHOOL

2022 NEWSLETTER - TERM 2, WEEK 5

DARTMOOR PRIMARY SCHOOL IS A CHILD SAFE SCHOOL

On Wednesday the 11th of May we catered for the Dartmoor Lions Club May Meeting. Thanks to food donated by families and staff we were able to put on a 3 course meal for the members and their partners. Thanks to the students who were chosen to help on the night and those that helped with the cooking leading up to the night. All money raised will pay for the Grade 6 jumpers.



See Alana for further information on the 2022 Curriculum Consumables (previously known as Fees). Thank you to the families who have made their contribution.

Term 2 Important Dates

Week 5
Friday 27/5 Pupil Free Day

Week 6
Wednesday 2/6 Winter Series

Week 7 Monday 6/6 - Sushi Lunch \$5 Wednesday 8/6 AFL Clinic Day

Week 8
Monday 13/6 Public Holiday
Wednesday 15/6 School Council



Thank you to our helpers who came on Saturday while DPS hosted Election Poll.

We had a very successful day fundraising towards our new Playground! Thanks again





The Junior Class have been learning a pneumonic to help them remember the order of the planets and made their own;

My Very Elderly Mother Just Sat Under Nolan's Plane





UPCOMING GROUP PROGRAMS IN WARRNAMBOOL

Helping families thrive

CIRCLE OF SECURITY



A relationship based parenting program to assist parents with understanding their child's emotiona world by learning to read their emotional needs. Honor the innate wisdom and desire for your child be secure. Support your child's ability to successfully manage their emotions. Enhance the developr of your child's self-esteem.

Eight week zoom program When: TUESDAYS | 10th May - June 28th Time: 10am - 12pm Location: Via Zoom Cost: FREE

TUNING IN TO KIDS



Helping our children to manage their emotions and behaviour is important for a child's wellbeing - a stages of development. This parenting program helps mums and dads to build strong relationships 1 their children enabling families to communicate, even in difficult times. For parents with children under the age of 10.

Six week zoom program When: THURSDAYS | 12th May - 23rd June Time: 1pm - 3pm Location: Via Zoom Cost: FREE

LIVING WITH TEENS



Helping parents build strong and secure connections with teenagers. Learn what can assist to meet teenagers needs, anger and emotions and teen brain development.

Two week zoom program When: THURSDAYS | 26th May and 2nd June Time: 6:30pm - 8:30pm Location: Via Zoom

For more about the group programs please contact us to find out more.

Regional Parenting Programs | 142 Timor Street, Warrnambool VIC 3280 | T (03) 5337 8943

www.catholiccarevic.org.au

Helen Diamond works locally for **Catholic Care as a Family Relationships Services** Practitioner. She is highly experienced with over 35 years in the field. Helen moved to Warrnambool from Ballarat last year and is keen to get the word out to schools about the parenting programs she is facilitating in our local region. The programs are all fully funded and so are free to access. I have attached the current flyers which include info about upcoming group programs (Helen hopes to run these regularly) and 1:1 parenting programs that Helen can provide. See attachments for more information.



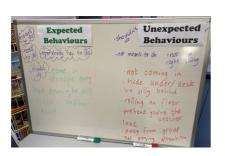
On Wednesday the 11th of May, the whole school (staff and students), sat down together and had a discussion about expected and unexpected behaviours. It is something we looked at in great detail in 2021, and felt it was time to revisit this year. We also talked about how the way we behave changes the way people think about us.

Expected behaviours are when you do the right thing, you do what you have been asked to do, you behave in a way that is socially acceptable. When you do those things people think nice things about you, they feel safe around you and they trust you.

Unexpected behaviours is when you don't do the right thing, you ignore requests, you yell at others, you are rude and disrespectful. These behaviours are unexpected and can cause others to have ugly thoughts about you, not want to be your friend and not feel safe around you.

We talked about how you can always turn your behaviours around and then other people's thoughts about you will change as well.

Through our work with the Zones of Regulation, Respectful Relationships and Smiling Minds we are working with the students to be able to better self regulate and recognise their emotions. We hope you can help us by talking to your children about their behaviours and reactions at home as well.



Cross Country















We had a fantastic day out on Monday 17th May for our District Cross Country. All our runners did an amazingly.



Congratulations to the DPS Award winners, Indianna 1st, Payton 2nd and Tai 4th.







Left: Jensen with his Ned Kelly art work completed with Mr Penny.



Safety First

Victorian Police Officer
Leanne came to discuss
the importance of road
safety with us. We
learnt some valuable
lessons and reminders







We have been spending time in the kitchen, gaining some valuable skills and knowledge.

On Thursday 19th we made butter and on Monday 23rd we made healthy snacks including apple muffins and a platter of carrot, celery, snow peas with tzatziki dip.

Receipe on Page 6









Keep an eye out for updates on the 150th Birthday Celebrations!

We currently have cards sets for sale at the General Store for \$10.





The National Reconciliation Week 2022 theme, "Be Brave. Make Change." is a challenge to all Australians- individuals, families, communities, organisations and government-to Be Brave and tackle the unfinished business of reconciliation so we can Make Change for the benefit of all Australians.

This year we are asking everyone to make change beginning with brave actions in their daily lives - where they live, work, play and socialise.

National Reconciliation Week–27 May to 3 June–is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

TELL US WHAT YOU THINK





Participate in the Annual Victoria Police Community Sentiment Survey - 2022

As part of our commitment to Neighbourhood Policing, Victoria Police is seeking information about the community's safety concerns, engagement preferences, and experiences of police in local areas.



Recipes:

Apple Muffins

½ cup brown sugar

1 cup milk

2 Tablespoons yoghurt

60g melted butter

1 large egg

Combine the above ingredients

2 cups SR flour

1 teaspoon cinnamon

3 apples peeled and chopped

Add wet ingredients to dry ingredients

Put into muffin trays

Cook for 20 minutes at 200 degrees Celsius

Tzatziki Dip
3 small cucumbers diced
1 teaspoon minced garlic
2 small tubs of Greek yoghurt
Mix altogether

Polo \$25

Red Polo for sports \$10 (size 6,14, S)

Shorts \$10

Vests with old logo \$5 (sizes 4, 8,12 & 14)

School Bag \$30

All second hand uniform \$5







Dartmoor Drill Hall

Family Friendly with supper provided

\$10 Per Person (Age 16+) | Tables of 10 There is a place for the little one to play

Dress up in 70/80 Theme

1st Prize Esky Hamper

Trailer load of Wood

Other Info:

*Best Dressed

Entries Close 10th June

*Wooden Spoon Award

*BYO Drinks and Nibbles

Contact Jess on 0403 052 399







